



**NAMI**

National Alliance on Mental Illness

Greater Toledo

**FAMILY**

**NAVIGATOR**

**We can help you and your family navigate a path to mental wellness.**



- **Access individual/family needs on what resources would be most beneficial.**
- **Assist with understanding mental health evaluation, diagnosis, and treatment process.**
- **Refer families/individuals to resources/support.**
- **Facilitate & engage in community outreach & awareness events.**

Contact us at:

419-243-1119

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Mental  
Health &  
Recovery  
Services  
Board of  
Lucas  
County